

TCA PEEL Instructions

Do not wash chemical peeled areas for 24 hours.

Wash with Cetaphil soap, pat dry, and apply Aquaphor 3-4 time daily until you are finished peeling.

The peeling may take 5-7 days, depending on strength of peel and your skin.

Skin will peel in large or small sections.

Skin may turn darker before it peels.

Your skin may be red, burning, and itching for up to 2 weeks.

May take Benadryl for itching.

Wear socks/gloves at night to prevent scratching.

May wear make-up after peeling is completed.

Afterward, always remember to use sun protection (at least SPF 30) and apply moisturizer with sunscreen daily.